

प्रदेश लोक सेवा आयोग, लुम्बिनी प्रदेश

प्रदेश निजामती सेवा तथा स्थानीय निजामती सेवा अन्तर्गत स्वास्थ्य सेवा, जनरल हेल्थ सर्भिसेज समूह, अधिकृत स्तर नवाँ (९) तह मेडिकल सुपरिटेण्डेण्ट वा सो सरहका पदको खुला तथा अन्तरतह प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Internal Medicine

- 1.1. Management of Common Diseases Prevalent in Nepal.
 - 1.1.1. Common diseases of respiratory system.
 - 1.1.2. Common diseases of GI System.
 - 1.1.3. Common diseases of cardiovascular system.
 - 1.1.4. Common diseases of nervous system.
 - 1.1.5. Common diseases of genitourinary system.
 - 1.1.6. Common diseases of blood and lympho-reticular system.
 - 1.1.7. Common endocrine and metabolic disorders.
 - 1.1.8. Common diseases of skin.
 - 1.1.9. Common diseases of bones, joints and collagen.
 - 1.1.10. Common disease of electrolyte imbalance.
 - 1.1.11. Common mental disorders.
 - 1.1.12. Common vector borne diseases.
 - 1.1.13. Common genetic disorders
 - 1.1.14. Sexually transmitted diseases
 - 1.1.15. Sickle cell anemia (SCA)
- 1.2. Management of Common Medical Emergencies.

2. General Surgery

- 2.1. Inflammation
- 2.2. Ulcers
- 2.3. Bleeding disorders
- 2.4. Traumas
- 2.5. Shock
- 2.6. Common surgical GI disorders
- 2.7. Common surgical hepatobiliary disorders
- 2.8. Common surgical genitourinary disorders
- 2.9. Common ENT disease
- 2.10. Common ophthalmic diseases
- 2.11. Common dental diseases
- 2.12. Common surgical emergencies

3. Paediatrics

- 3.1. Nutritional and development status of child
- 3.2. Growth disorders
- 3.3. Nutritional deficiencies
- 3.4. Diarrhoeal disorders
- 3.5. Respiratory infections
- 3.6. Paediatric emergencies
- 3.7. Immunization schedule

4. Gynaecology and Obstetrics

- 4.1. Management of common obstetrical and gynaecological problems

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4.1.1. Common menstrual problems

4.1.2. Abdominal/pelvic swellings

4.1.3. Vaginal discharges

4.1.4. Prolapses Uterus

4.1.5. Urinary incontinence

4.1.6. Gynaecological causes and management of abdominal pain

4.2. Management of Pregnancy

4.2.1. Antenatal care (ANC)

4.2.2. Normal labour and delivery

4.2.3. Delayed and obstructed labour

4.2.4. Fetal distress

4.2.5. Postpartum Hemorrhage (PPH) and Antepartum Hemorrhage (APH)

4.2.6. Retained placenta

4.2.7. Comprehensive abortion care (CAC)

4.2.8. Post abortion care (PAC)

4.2.9. Safe abortion

4.3. Common breast problems

5. Medical Jurisprudence, Forensic Medicine:

5.1. Duties and rights of medical practitioner

5.2. Hippocratic oath and Geneva declaration

5.3. Malpractice and medical negligence

5.4. Medicolegal cases

5.5. Autopsy

6. Disaster Management

6.1. Mass casualty management: man-made and natural disasters

6.2. Basic elements of disaster planning

6.3. TRIAGE, management and evaluation of relief work

6.4. Role of GOs, NGOs and other related national and international organizations in disaster management

6.5. Epidemics and outbreak management

7. Hospital infection control

7.1. Infection prevention

7.2. Quality assurance (QA)

7.3. Total quality management (TQM)

द्वितीय पत्रको पाठ्यक्रम स्वीकृति मिति: २०८२/१०/२०